## How to get rid of a TICK

Good to know! TO get rid of a TICK a nurse discovered a safe and easy way to remove ticks, so that they retract automatically if you follow these simple instructions.

Read this, it may save you some major problems, including Lyme disease.

Spring is back and ticks will soon show themselves.

Here's a way to eliminate them on you, on your children, your pets, try it.

Notify everyone: people with children, hunters with or without dogs, or anyone who steps outside in the summer!

An a school nurse wrote the information below, and it really works!

I saw a doctor who told me it was the best way to remove a tick.

It's great because it works in places where it is sometimes difficult to use tweezers: between the toes, in the midst of a full head of hair black etc....

Apply a small amount of liquid soap on a cotton ball, cover the tick with the cotton ball soaked with SOAP and blot it for a few seconds (15-20), the tick will spontaneously detach and stick to cotton when you remove it.

This technique worked whenever I used it (which was often the case), and it is much less traumatic for the patient and easier for me...!

Even the wife of my doctor called me for advice, because she had a tick on the back that it could not reach with tweezers.

She has used this method and immediately reminded me to say that this worked! Conclusion: When you go hiking, do the fever, or any other contact with the grass or trees "have always in your bag a small bottle of liquid soap and a few cotton swabs"